

RADIALES IBÉRICAS

FORMATO RESISTENCIA

		Kilómetros	Desnivel m+	Altitud m+	Tiempo +	Controles	
1	Roncesvalles	Superradial	845,2	8086	1484	77:28:36	9
		Simple 1	443,11	4883	1484	37:49:47	6
		Simple 2	399,15	3495	1199	33:15:45	5
		Explorer 1	360,16	3573	1371	30:00:48	6
		Explorer 2	304,39	2610	1484	25:21:57	7
		Explorer 3	281,44	2359	952	23:27:12	5
2	Andorra	Superradial	1318	14729	1722	123:54:53	10
		Simple 1	673,95	9641	1722	61:57:56	7
		Simple 2	677,9	7471	1297	57:52:32	7
		Explorer 1	565,88	7258	1350	50:21:18	6
		Explorer 2	513,76	4441	1055	42:48:48	6
		Explorer 3	397,45	6308	1722	37:47:16	5
3	Vinaroz	Superradial	973,33	14899	1704	99:33:12	10
		Simple 1	490,04	6531	1675	44:05:52	6
		Simple 2	482,22	8069	1703	46:40:43	6
		Explorer 1	536,38	7331	1714	48:37:58	6
		Explorer 2	315,11	5502	1836	30:57:39	4
		Explorer 3	308,63	4703	1836	28:57:09	5
4	Denia	Superradial	970,09	9626	1090	88:55:30	10
		Simple 1	486,45	3637	1082	40:32:15	6
		Simple 2	484	6017	1090	42:41:14	6
		Explorer 1	452,14	2936	975	37:40:42	7
		Explorer 2	378,33	3469	1088	31:31:39	6
		Explorer 3	301,56	4457	913	28:00:46	5
5	Águilas	Superradial	1006	10077	1662	92:15:02	10
		Simple 1	499,99	4923	1023	41:39:57	6
		Simple 2	506,49	5837	1661	43:45:06	6
		Explorer 1	552,79	3284	1023	46:03:57	7
		Explorer 2	401,48	5232	1661	35:53:28	4
		Explorer 3	316,93	3949	1258	27:58:13	3
6	Motril	Superradial	1124	12962	2047	106:28:38	16
		Simple 1	587,93	7205	2048	51:38:44	10
		Simple 2	563,75	7232	1204	50:10:05	5
		Explorer 1	494,76	2892	1028	41:13:48	7
		Explorer 2	429,01	6184	1204	39:32:19	5
		Explorer 3	345,6	6330	2048	34:32:53	3
7	Chipiona	Superradial	1153	9635	1050	105:41:30	12
		Simple 1	602,26	4112	916	50:11:18	7
		Simple 2	586,93	5425	1049	48:54:39	7
		Explorer 1	375,63	2587	1049	31:18:09	5

	Explorer 2	372,62	4638	1116	32:52:31	4
	Explorer 3	478,11	2592	266	39:50:33	4
8 Vila Nova de Milfontes	Superradial	1339	13416	1202	122:47:37	13
	Simple 1	671,27	5061	813	55:56:21	8
	Simple 2	672,23	6961	1202	56:29:48	8
	Explorer 1	645,68	6709	1202	54:18:40	7
	Explorer 2	440,24	3273	605	36:41:12	5
	Explorer 3	436,58	3302	317	36:22:54	5
	9 Figueira da Foz	Superradial	1082	15500	1599	108:32:36
Simple 1		561,26	7927	1591	51:24:02	6
Simple 2		530,14	7585	986	48:44:44	6
Explorer 1		413,64	5512	1598	37:13:16	5
Explorer 2		323,86	3291	743	27:05:35	4
Explorer 3		375,1	7447	1942	38:39:01	5
10 Finisterre		Superradial	1470	18881	1650	143:06:43
	Simple 1	736,84	9086	1514	64:50:19	7
	Simple 2	795,91	12496	1666	75:23:59	7
	Explorer 1	562,81	5347	1666	46:54:03	4
	Explorer 2	551,43	8049	1115	51:01:19	4
	Explorer 3	533,07	9320	1048	52:24:04	5
	11 Gijón	Superradial	1078	12384	1776	102:01:29
Simple 1		537,12	5302	1750	44:45:36	6
Simple 2		528,72	6418	1779	46:19:18	7
Explorer 1		405,88	4624	1779	34:57:13	5
Explorer 2		480,48	2902	1335	40:02:24	8
Explorer 3		324,3	5347	1523	31:13:59	4
12 Laredo		Superradial	930,43	10938	1750	88:33:25
	Simple 1	431,1	4766	1750	36:50:06	4
	Simple 2	512,01	6294	1572	45:00:55	6
	Explorer 1	379,61	4324	1572	32:41:24	5
	Explorer 2	343,57	3733	1245	29:13:32	7
	Explorer 3	251,17	3124	1095	22:09:20	4

TOTAL

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